

# INDIGENOUS MENTAL HEALTH RESOURCES



*Celebrate your roots, honor your heritage*

## CENTERS FOR MEDICARE & MEDICAID SERVICES AMERICAN INDIAN/ALASKA NATIVE INFORMATION & RESOURCES

Works closely with American Indian and Alaska Native (AIAN) communities and leaders to enable access to culturally competent healthcare to eligible to CMS beneficiaries in Indian Country.

## CIRCLES OF CARE: CREATING MODELS OF CARE FOR AMERICAN INDIAN AND ALASKA NATIVE YOUTH

Develops culturally appropriate interventions to serve youth with serious behavioral health challenges.

## INDIAN HEALTH SERVICE

Provides a comprehensive health service delivery system for approximately 2.6 million American Indians and Alaska Natives who belong to 574 federally recognized tribes.



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## INDIAN COUNTRY CHILD TRAUMA CENTER

Develops training, technical assistance, program development and resources on trauma-informed care to tribal communities.

## ONE SKY CENTER

Provides resources and a “Find a Therapist” locator for treating mental health and substance use disorder within Native American communities.

## StrongHearts Native HelpLine

Domestic violence and dating violence helpline for American Indians and Alaska Natives, offering culturally appropriate support daily from 7 a.m. to 10 p.m. CT via phone and online chat.



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