

Articulation Verification: Course to Course Alignment

WESTCHESTER COMMUNITY COLLEGE					NEW YORK INSTITUTE OF TECHNOLOGY				
Degree:		A.S.			Degree:		B.S.		
Program of Study:		Health and Human Performance			Program of Study:		Exercise Science		
Course Prefix	Course Number	Title	Cr.	√	Course Prefix	Course Number	Title	Cr.	CR. APPLY TO 4 YR. DEGREE
CORE REQUIREMENTS									
ENG	101	Writing and Research	3		FCWR	101	Writing I	3	3
COMM	109	Speech Communication	3		FCSP	105	Foundations of Speech Comm	3	3
ENG	102	Writing and Literature	3		FCWR	151	Writing II	3	3
MATH	140	Statistics	4		BIOL	250	Biostatistics (3) and Elective (1)	4	4
Natural Sciences			8						
BIOL	121	Anatomy and Physiology 1 (and Lab)			BIOL	210	Human Gross Anatomy**	4	4
BIOL	123	Anatomy and Physiology 2 (and Lab)			BIOL	310	Human Physiology**	4	4
Social Sciences			3						
PSYCH	101	General Psychology			PSYC	101	Introduction to Psychology	3	3
		The Arts, Foreign Language, or Other World Civilizations, see SUNY Gen. Ed.	3		FCIQ	101	Foundations of Inquiry*	3	3
		American History or Western Civilization, see SUNY Gen. Ed.	3		ICSS	ELEC	Social Science Seminar	3	3
DEGREE REQUIREMENTS									
HHP	101	Personal Training	3				Elective	3	3
HHP	102	Personal Training Internship	1				<i>Applied toward EXSC 100, if needed</i>		
HHP	120	Trends in Fitness & Human Performance	1		EXSC	100	Introduction to Kinesiology	3	3
HHP	130	Fitness Assessment and Prescription	3		EXSC	210	Measurement and Prescription	3	3
HHP	140	Care and Prevention of Athletic Injuries	3		EXSC	230	Survey of Athletic Injuries	3	3
HHP	200	Exercise Physiology & Lab	4		EXSC	300	Exercise Physiology	3	3
HHP	220	Kinesiology	3		EXSC	200	Motion Analysis	3	3
NUTR	101	Foundations of Nutrition	3		NTSI	201	Intro to Clinical Nutrition	3	3
PE	110	Health and Fitness for Life	2				Elective	2	2
PE	116	First Aid/CPR/AED	1				<i>Applied toward EXSC 100, if needed</i>		
		Human Performance Elective, select ONE of the following courses:	3				Elective	3	3
HHP	150	Foundations of Coaching							
HHP	160	Principles of Athletic Training							
		Physical Education Electives (6 credits, see below)	6				Elective	6	6
PE	136	Fitness - Soccer							
PE	137	Fitness - Softball							
PE	138	Fitness - Tennis							
PE	139	Fitness - Volleyball							
PE	140	Fitness - Golf							
PE	142	Fitness - Badminton							
PE	143	Fitness - Basketball							
PE	158	Introduction to PE Activities							
PEH	216	Aerobic Exercise							
PE	109	Lifeguarding/First Aid/CPR/AED (2 credits)							
PE	113	Swimming for Fitness							
PE	218	Exercise and Conditioning							
PE	104	Badminton - Tennis							
TOTAL			63					62	62
NOTES:									
WCC general education "gen. ed." course options are located at www.sunywcc.edu/gened									
Elective options located at: www.sunywcc.edu/catalog									
NYIT: *Transfer substitution awarded on the basis of this agreement (2021-22 New York Tech Catalog)									
NYIT: **Both BIOL 121 and BIOL 122 required to earn transfer credit for BIOL 210/310									